# ART

# ART EXPLORATIONS -3 Day workshop

This ART Camp is filled with creative and fun projects. Explore a variety of media such as acrylics on canvas, watercolors, pastels, clay sculptures and more! We will enjoy summer time through art as we draw and paint landscapes, still-life, animals and other themes. Clay projects will be glazed and fired. All art supplies and aprons will be provided. \$20 materials fee due at first class.

Lucia Henry

**HB Art Center** 

340112-4A 6-12 yrs W-F 1-3pm 8/23-8/25 \$65/59

### **CLAY ADVENTURES**

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction, and more. We will decorate the pieces with under glazes (special paint for wet clay). Different projects each week. All pieces will be glazed and fired. Aprons will be provided. \$20 materials fee due at first class.

**Lucia Henry** 

**HB Art Center** 

340101-4A

6-12 vrs Th 4:15-5:30pm

8/3-8/31 \$85/77

# CLAY ADVENTURES-3 DAY WORKSHOP

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction and more. We will decorate the pieces with under glazes (special paint for wet clay). Different projects each day. All pieces will be glazed and fired. Aprons will be provided. \$20 materials fee due at first class.

Lucia Henry

**HB Art Center** 

340113-4A

6-12 yrs W-F 1-3pm

8/9-8/11 \$73/66

# **ESSENTIAL CARTOONING**

This fun and exciting class will teach character drawing and basic cartooning skills, including Japanese manga, anime, and current popular cartoons. Returning students will begin to learn layout and design. Beginners will learn how to draw characters. Limited enrollment. \$25 materials fee for new students and \$20for returning students due at first class which covers all supplies. Pre-registration is required. All materials are provided.

**Pati Kent** 

**HB Art Center** 

340109-4A

7-13 vrs Tu 4:30-5:30pm 8/1-8/29 \$76/69

### KID'S DRAWING WORKSHOP

Take your drawings to the next level! In this workshop students will explore classical and non-traditional drawing methods with  $\boldsymbol{\alpha}$ focus on improving the student's ability to draw from observation. Instruction will be given using a variety of materials; all levels of experience are welcome. \$35 materials fee is due at first class.

**Laura Black** 

**HB Art Center** 8/2-8/23 \$96/87

340119-4A 8-13 yrs W 3:30-5pm

# **COOKING**

# KIDS COOKING IT UP FRESH

Children will make nutritious recipes using real foods that will incorporate fresh, wholesome, and nutritious ingredients. Children will learn nutrition concepts along the way as they explore new and familiar foods, seasonings, and herbs. This is a hands-on cooking experience and each child will make his or her own individual recipe.

Stephanie Collett

**Edison Community Center** 

340301-2A

7-12 yrs Sa

11am-12:15pm

7/29-8/19

# **COMPUTERS**

### VIDEO GAME DESIGN: PLATFORM GAMES!

Students will work with a partner and will create unique levels, characters, and an original plot line. Give your characters gravity and create interesting and original bad guys to challenge you through your game. Working with design, animation, and programming tools, students will create a fun and engaging platform adventure!

Freshi Films LLC

City Gym and Pool

340205-3A 340205-3B

8-12 yrs W-F 10am-12pm 8-12 yrs W-F 10am-12pm 7/26-7/28 \$140 8/9-8/11

\$140

# **DANCE**

#### BASIC BALLET

Challenge your child to develop rhythm, strength and coordination the fun way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required. Optional recital June 25, 2017 (date tentative) additional fees will apply. Please see instructor at 1st class.

**Huntington Academy of Dance** 

16601 Gothard Street, Suite A

340408-1A

8-12 vrs Tu 5:30-6:30pm 7/11-8/15

\$65

#### HIP HOP

Hip Hop Hooray! Ho! Boys and girls will get their groove on hip hoppin' to high energy music with funky dance moves! Hip hop introduces students to the rhythmic urban style of popping, locking, and gliding. Parents delight in our family friendly music and movements while kids have a blast and bust-α-move! Bring a friend and try your first class for free! Please see instructor at 1st class.

**Huntington Academy of Dance** 

**Edison Community Center** 

340404-2A 5-7 yrs W **Huntington Academy of Dance** 

4:35-5:35pm

7/5-8/9

**Murdy Community Center** 

\$65

340404-1A 7-12 yrs M

5:30-6:30pm

7/10-8/14

Register Online! www.hbsands.org

#### TAP

Bring a friend and learn the basics of tap dancing in this FUN class! Students will learn how to keep time and stay in beat with music. Tap dancing is a great way to improve coordination, rhythm, and athletic agility. Boys and girls love making NOISE with their feet! Dance attire, please. Optional recital June 25, 2017 (date tentative) additional fees will apply. Please see instructor at lst class.

Huntington Academy of Dance 16601 Gothard Street, Suite A 340407-1A 7-12 yrs Tu 4:30-5:30pm 7/11-8/15

#### YOUTH BALLET

Challenge your child to develop rhythm, strength and coordination the FUN way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required. Details will be given at first class. Please see instructor at 1st class.

Huntington	<b>Academy</b>	of Da	nce		City Gym ar	nd Pool
340401-3A	5-7 yrs	Th	4-5pm		7/6-8/10	\$65
Huntington	Academy	of Da	nce	Ediso	1 Community	Center
340401-2A	5-7 yrs	Sa	10:15-11:	15am	7/8-8/12	\$65
Huntington	Academy	of Da	nce	Murd	/ Community	Center
340401-1A	6-8 yrs	M	4:30 - 5:3	30pm	7/10-8/14	\$65

### YOUTH POLYNESIAN DANCE

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the islands! Class fills quickly. Pre-registration is required.

Melody Sea	noa			НВ	Art Center
340403-4A	8-12 yrs	Tu	5-6pm	8/1-9/5	\$66/60

# **FITNESS**

# **ZUMBA FOR ALL AGES**

Bring your family and friends to this fun-packed Zumba class for all ages! Easy dance steps set to fabulous world music will increase muscle tone, balance and flexibility. Going on vacation? We will prorate for the number of classes you can attend. Ditch the workout! Join the Party! No Class Dates: Jul-4

SockhopFit	ness		Senior Co	enter in Centra	l Park
350813-5A	6 yrs +	Tu	6-6:45pm	6/27-8/29	\$64



# **GYMNASTICS**

# **GYMNASTICS: CHEER-NASTICS**

Students have fun while safely learning cheers, stunting techniques, and gymnastic skills great for all levels. Cartwheels, roundoffs, backbends, walkovers, splits, rolls, jumps, beam and back-handsprings barrel are taught by an experienced instructor. Progressive skill level instruction creates success! \$2 materials fee due at first class. No Class Dates: Jul-4

Tumble-N-K	ids Inc			City Gym and P	ool
340701-3A	6-12 yrs	F	3-4pm	6/30-7/28	\$58
340701-3B	6-12 yrs	F	4-5pm	6/30-7/28	\$58
Tumble-N-K	ids Inc			Murdy Community Cer	nter
340701-1A	6-12 yrs	Tu	4-5pm	6/27-8/1	\$58

### GYMNASTICS: JAMMIN' GYMNASTS

Girls and boys of all levels learn age-appropriate gymnastics skills, coordination and strength development. Experienced coaches introduce cartwheels, round-offs, rolls, handstands, backbends, beam, trampoline, back-handspring barrel and more. Obstacle courses and music make learning fun, while progressive skill instruction creates confidence and success preparing kids for all sports! \$2 materials fee due at first class. No Class Dates: Jul-1, Jul-4, Jul-5, Jul-6

Tumble-N-Kids Inc			Edison	Community	Center
340702-2A	6-12 yrs	W	3-4pm	6/28-8/2	\$58
340702-2B	5-8 yrs	Sa	11:20am-12:20pm	7/8-8/5	\$58
Tumble-N-Ki	ds Inc		Murdy	Community	Center
340702-1A	6-12 yrs	Tu	3-4pm	6/27-8/1	\$58
340702-1B	7-14 yrs	Th	3-4pm	6/29-8/3	\$58
340702-1C	5-8 vrs	Sa	11:20am-12:20pm	7/8-8/5	\$58

# GYMNASTICS: KARTWHEEL-N-KIDS

Girls and boys learn gymnastics skills including; cartwheels, rolls, jumps, handstands, bridge/backbends, beams, handspring barrel, trampoline and more. We focus on beginning tumbling skills incorporating music, obstacle courses and fun. Progressive skill level instruction creates confidence and success. \$2 materials fee due at first class. No Class Dates: Jul-4, Jul-5, Jul-6

Tumble-N-Kid	s Inc			City Gym an	nd Pool
340704-3A	4-6 yrs	F	2-3pm	6/30-7/28	\$58
Tumble-N-Kid	s Inc		Ed	ison Community	Center
340704-2A	4-6 yrs	W	2-3pm	6/28-8/2	\$58
Tumble-N-Kid	s Inc	M	urdy Community	Center	
340704-1A 340704-1B	4-6 yrs 4-6 yrs	Tu Th	2-3pm 2-3pm	6/27-8/1 6/29-8/3	\$58 \$58

### **NEW! GYMNASTICS: YOGA-NASTICS**

Yoganastics combines 2 popular skills, Gymnastics + Yoga! This unique mix promotes student's flexibility, balance, coordination, focus, strength & more, while delivering  $\alpha$  double dose of FUN! These valuable skills are great building blocks for ALL SPORTS. Parents attend last class with certificate awarded. Yoga mats are provided or bring your own. No Class Dates: Jul-6

Tumble-N-K	ids Inc		<b>Murdy Community</b>	Center
340705-1A	7-10 yrs Th	4-5pm	6/29-8/3	\$58

# **MARTIAL ARTS**

# KARATE-DO TRADITIONAL JAPANESE BEGINNER

This traditional Japanese karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms are available for purchase from instructor. One day a week for \$110 or 2 days a week for \$120. No Class Dates: Jul-27, Jul-28

#### Wadoryu USA

#### **Edison Community Center**

340903-2A	8-15 yrs	Th	5-5:40pm	6/29-8/31	\$110
340903-2B	8-15 yrs	F	5-5:40pm	6/30-9/1	\$110

### KARATE-DO TRADITIONAL JAPANESE KARATE NOVICE

Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms are available for purchase from instructor. White, orange, yellow, and blue belts only. 1 day  $\alpha$  week for \$60 or 2 days  $\alpha$  week for \$70. Must be enrolled in both sessions to be eligible for belt test.

#### Wadorvu USA

### **Edison Community Center**

340904-2A	8-17 yrs	Th	5:45-6:30pm	6/29-7/20	\$60
340904-2B	8-17 yrs	Th	5:45-6:30pm	8/3-8/31	\$60
340904-2C	8-17 yrs	F	5:45-6:30pm	6/30-7/21	\$60
340904-2D	8-17 yrs	F	5:45-6:30pm	8/4-9/1	\$60

## KARATE-DO TRADITIONAL JAPANESE INTERMEDIATE

Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms are available for purchase from instructor. Blue/St, Green, Green/St, Red, Red/St, Purple belts only. 1 day a week for \$70 or 2 days a week for \$80. Must be enrolled in both sessions to be eligible for belt test.

#### Wadorvu USA

#### **Edison Community Center**

340906-2A	8-17 yrs	Th	5:45-7:15pm	6/29-7/20	\$70
340906-2B	8-17 yrs	Th	5:45-7:15pm	8/3-8/31	\$70
340906-2C	8-17 yrs	F	5:45-7:15pm	6/30-7/21	\$70
340906-2D	8-17 yrs	F	5:45-7:15pm	8/4-9/1	\$70

### KARATE- DO TRADITIONAL JAPANESE ADVANCED

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Red stripe, brown or black belts only. Uniforms and equipment are available for purchase from instructor. One day a week for \$75 or 2 days a week for \$85. Must be enrolled in both sessions to be eligible for belt test.

#### Wadoryu USA

#### **Edison Community Center**

340907-2A	8-18 yrs	Th	5:45 - 8:15pm	6/29-7/20	\$75
340907-2B	8-18 yrs	Th	5:45 - 8:15pm	8/3-8/31	\$75
340907-2C	8-18 yrs	F	5:45 - 8:15pm	6/30-7/21	\$75
340907-2D	8-18 yrs	F	5:45 - 8:15pm	8/4-9/1	\$75

# JUNIOR TAE KWON DO

Participants will learn the foundations of martial arts from Master Kia, a 7th degree black belt, with over 40 years of experience. They will work on overall physical fitness, discipline, focus, leadership, and self defense. This class is ongoing and progressive. Uniforms available for purchase from instructor. Beginners-Advanced welcome! No Class Dates: Jul-4, Sep-4

Kiavash Tillehkooh				City Gym and	d Pool
340908-3A	5-9 yrs	M	5:45-6:30pm	6/26-9/4	\$177
340908-3B	5-9 yrs	Tu	5:45-6:30pm	6/27-9/5	\$177
340908-3C	5-9 yrs	W	5:45-6:30pm	6/28-9/6	\$177
340908-3D	5-9 yrs	Th	5:45-6:30pm	6/29-9/7	\$177

# TEEN TAE KWON DO

Participants will learn the foundations of martial arts from Master Kia, a 7th degree black belt, with over 40 years of experience. They will work on overall physical fitness, discipline, focus, leadership, and self defense. This class is ongoing and progressive. Uniforms available for purchase from instructor. Beginners-Advanced welcome! No Class Dates: Jul-4, Sep-4

Kiavash Tillehkooh				City Gym ai	nd Pool
340912-3A	10-17 yrs	M,W	6:30-7:15pm	6/26-9/6	\$188
340912-3B	10-17 yrs	Tu,Th	6:30-7:15pm	6/27-9/7	\$188
340912-30	10-17 yrs	W,Th	6:30-7:15pm	6/28-9/7	\$188
340912-3D	10-17 yrs	Tu,W	6:30-7:15pm	6/27-9/6	\$188

### YOUTH SELF-DEFENSE & SAFETY AWARENESS

This program combines safety awareness with self-defense instruction. Students learn verbal and physical skills for self-defense against bullies and strangers. Escape maneuvers and communication skills are taught to contract threats. Safety tips are discussed each week. Students progress in rank and earn their belts. All Classes available for ages 4-15

#### **Young Champions Recreation Program Murdy Community Center**

	· ·	_			
340905-1A	New Student	F	5:30-6:10pm	6/30-9/1	\$78
340905-1B	Yellow/Orange Belt	F	6:15-6:55pm	6/30-9/1	\$78
340905-1C	Purple Belt & Above	F	7-7:40pm	6/30-9/1	\$78



# MUSIC

#### **GROUP GUITAR**

Have you ever wanted to be a rockstar? Well now's the time! Learn to play guitar from Mr. Greg and have fun playing your favorite songs in no time! Beatles, Rolling Stones, Green Day, Weezer, and so much more! All levels welcome, so don't delay and learn to play today. (Bring your own guitar, \$20 materials fee due to instructor for book).

The RockBand Experience

**HB Art Center** 

341007-4A 8-12 yrs Th 3:30-4:30pm 8/3-9/7 \$116/99

#### PERFORMING ARTS: SUNSHINE GENERATION OF HB

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session at OC Fair, Santa Ana Zoo, Knotts Berry Farm, and Adventure City. \$30 for Sunshine t-shirt, CD, and wordsheets. Parents are asked not to stay during rehearsals.

Iskui Merdianian

**Edison Community Center** 

341003-2A 6-13 yrs Th 5:45-6:45pm

5-8 yrs

6/29-8/3

Iskui Merdjanian

**Murdy Community Center** 

341003-1A

7-8pm

6/28-8/2

# **SPECIAL INTEREST**

### SERIOUSLY AWESOME SITTERS

The ultimate babysitter preparation class! You become certified in Basic First Aid and CPR/AEAD for adults and children. You'll also learn how to market your services, safely care for children, make healthy snacks, and entertain kids so that you'll be asked back again and again! \$30 materials fee due at first class.

**Workshops on Wellness** 

**Murdy Community Center** 

350608-1A 7/15 \$60 10 yrs + Sa 10am-5pm 350608-1B 10 yrs + Sa 8/5 \$60 10am-5pm

# **SPORTS**

# INSTRUCTIONAL BASEBALL CAMP

This City of Huntington Beach baseball program is a clinic-based program with an emphasis on learning the game and having fun. All skill levels are welcome and basic fundamentals will be taught through drills and instruction. Players will enjoy a recreational program where enjoying baseball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey!

M,W

**Youth Sports Staff** 

**Murdy Community Center** 

\$60

341319-00 8-12 yrs

12-12:50pm 6/26-7/12

Register Online! www.hbsands.org

#### JUNIOR BASEBALL/SOFTBALL

Junior Baseball/Softball is a semi-competitive introduction to baseball/softball for youth between the ages of 6 and 8 years old. Participants will learn fundamental baseball/softball techniques, basic rules of the game and to have fun while playing sports. Participants will also strengthen social skills by interacting with their coaches and teammates. All players will be placed on a team and will receive an HB recreation jersey!

Youth Spor	ts Staff		Ediso	n Community	Center
341411-01	6-8 yrs	M,W	12-12:50pm	6/26-7/12	\$60
Youth Spor	te Staff		Murd	y Community	Contor
Touth Spor	to Stall		IVIUIU	y Guillillullity	Center

#### INSTRUCTIONAL BASKETBALL CAMP

The Summer Basketball program is a clinic based program with an emphasis on learning the game and having fun. All skill levels are welcome and the fundamentals of basketball will be taught through game based drills and instruction. Players will participate in a recreational program where enjoying basketball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey!

**Youth Sports Staff Murdy Community Center** 341318-00 6/27-7/13 8-10 vrs Tu.Th 3-4pm \$60 341318-01 11-13 yrs Tu,Th 6/27-7/13 4-5pm \$60

#### JUNIOR BASKETBALL

Boys and girls 6 to 8 years old will be introduced to the basics of basketball in the semi-competitive clinic-based program. Drills, basketball techniques, and basketball games will be used to teach the FUNdamentals of basketball. Every player will receive  $\alpha$ HB recreation jersey!

**Youth Sports Staff** City Gym and Pool 341312-00 7/1-8/5 6-8 yrs Sa 11:30am-12:20pm **Youth Sports Staff Murdy Community Center** 341312-01 11:30am-12:20pm 7/1-8/5 \$60

# SKYHAWKS BASKETBALL

This fun, skill-intensive program is designed for the beginning to intermediate player. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility.

**Skyhawks Sports Academy Inc Murdy Community Center 341302-1A** 7-10 yrs 6-7pm 6/26-8/14 \$139



#### INSTRUCTIONAL VOLLEYBALL CAMP

Boys and girls will be introduced to the fundamentals of indoor volleyball in this instruction based camp with an emphasis on learning the game while having fun! All skill levels are welcomed and participants will be taught the basics of volleyball through games based drills, hands on training and semi-competitive scrimmages. Get ready for the fall indoor volleyball league! Camp will take place every Tuesday, Wednesday, and Friday from August 8th-25th.

#### **Youth Sports Staff** City Gym and Pool

**341317-00** 4th and 6th Grade Tu,W,F 2-3:30pm 8/8-8/25 \$60 **341317-01** 7th and 8th Grade Tu,W,F 3:30-5pm 8/8-8/25 \$60

### INSTRUCTIONAL SOFTBALL CAMP

This City of Huntington Beach softball program is a clinic-based program with an emphasis on learning the game and having fun. All skill levels are welcome and basic fundamentals will be taught through drills and instruction. Players will enjoy a recreational program where enjoying softball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey!

#### **Youth Sports Staff**

### **Edison Community Center**

351308-00 8-12 vrs M.W 12-12:50pm 6/26-7/12 \$60

### SKYHAWKS BEGINNING GOLF

Children will learn the fundamentals of swinging, putting, and body positioning. Using the SNAG (Starting New at Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.

#### **Skyhawks Sports Academy Inc**

#### **Edison Community Center**

341337-2A 5-8 vrs 4-5pm 6/26-7/31 \$99

### **BEGINNER JUDO FOR FAMILIES**

Judo is an Olympic Sport that the WHOLE FAMILY can do together. It teaches confidence, discipline, physical fitness, flexibility, rhythm, footwork and eventually power & mental toughness. We teach sport Judo emphasizing its life teachings. Uniforms are available for purchase. Questions: 714-785-9116. Website: oc-grappling.org/judo/. TUESDAY NIGHT CLASSES ARE HELD **OUTSIDE ON MATS!** 

#### **OC Youth Sports Academy Murdy Community Center**

341354-1A	5 yrs +	Tu,Th	7-8pm	6/27-9/7	\$150
341354-1B	5 yrs +	Tu,Th	7-8pm	6/27-8/24	\$100
341354-1C	5 yrs +	Tu,Th	7-8pm	7/18-9/7	\$100

#### SKYHAWKS INSTRUCTIONAL SOCCER LEAGUE

This innovative program encourages children to play, have fun, and enjoy the game without the added pressure of coaches, referees, and parents. No set teams or assigned coaches mean more focus on skill development and fun! After a short practice, small-sided teams will be selected and supervised game play will ensue.

#### **Skyhawks Sports Academy Inc Edison Community Center**

341303-2A	4-5 yrs	Th	4-5pm	6/29-8/17	\$139
341303-2B	6-7 yrs	Th	5:15-6:15pm	6/29-8/17	\$139

# **SOCCER 1: TECHNIQUES & TEAMWORK**

Fun skill games are player at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Each child receives a soccer jersey. Shin guards are required after the first meeting.

Kidz Love Soccer		Murdy Community C			
341335-1A	5-6 vrs	Sa	4.15-5nm	7/8-8/26	\$99

### SOCCER 2: SKILLZ & SCRIMMAGES

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game! Each child receives a soccer jersey. Shin guards are required after the first meeting.

#### **Kidz Love Soccer Murdy Community Center**

341336-1A 3:30-4:15pm 7/8-8/26 7-10 yrs

### **VOLLEYBALL: HB ACES INDOOR**

Formally known as Jr. Spikers, HB Aces continues on as the after-school alternative to the high costs and demands of club volleyball. Students can expect to learn the basics of the game in a fun yet challenging environment. Classes will include instruction on technique, drills to reinforce, and plenty of team play. All players will receive an HB Aces T-Shirt on the first day of class!

#### Matt Taylor Volleyball City Gym and Pool

341309-3A 5th-6th grades Th 3:30-4:45pm 6/29-8/31 \$156 341309-3B 7th-8th grades Th 6/29-8/31 \$156 4.45-6nm

#### VOLLEYBALL: HB ACES ELITE

This program is limited to experienced and motivated players who are looking for a high intensity clinic with competitive game play. Consider this a bridge between introduction classes and club volleyball. Beginner and lower level players should look to the Monday class to build their skills. No Class Dates: July-5

#### Matt Taylor Volleyball

# City Gym and Pool

351322-3A 6th, 7th & 8th Grade W 5-6:20pm 6/28-8/30 \$156

# GCBV CLUB: GUYS ADVANCED SQUAD SUMMER TRAININGS

This squad is for boys that are committed to competing in youth volleyball tournaments over summer. Athletes must obtain permission from the club director to be eligible for this squad. Training days and times dependent on the 2017 youth tournament schedule. 3 days a week for \$400. More info at www.goldencoastvolleyball.com

#### **Beach Volleyball CA Inc**

15th Street & PCH

341327-2A 12-14 vrs **TBD TBD** 7/17-8/31 \$400

# **GCBV CLUB: GIRLS ADVANCED SUMMER TRAININGS**

This squad is for girls that are committed to competing in youth tournaments over summer. Athletes must obtain permission from the club director to be eligible for this squad. Training days and times dependent on 2017 youth tournament schedule. 3 days a week for \$400. More info at www.goldencoastvolleyball.com

# **Beach Volleyball CA Inc**

#### 15th Street & PCH

341328-2A 12-14 vrs **TBD TBD** 7/17-8/30 \$400

# BEACH VOLLEYBALL: BOYS SUMMER TRAINING BLOCK

Boys looking to master pairs beach volleyball are invited to register for our summer training block. Trainings held at the courts where 15th street meets PCH. In addition to the dates listed below, there will be a free evaluation day for all participants on Saturday, 7/15 from 9-11AM. Based on evaluation performance, participants will be placed in either our beginning, intermediate, or advanced training groups. Sign up for 1 day per week for \$200, 2 days for \$360, 3 days for \$400. More info at www.goldencoastvolleyball.com

# Beach Volleyball CA Inc. 15th Street & PCH

34133U-2A	12-17 yrs	IVI	4-6pm	//1/-8/28	\$200
341330-2B	12-17 yrs	Tu	4-6pm	7/18-8/29	\$200
341330-2C	12-17 yrs	W	4-6pm	7/19-8/30	\$200

#### BEACH VOLLEYBALL: GIRLS SUMMER TRAINING BLOCK

Girls looking to master pairs beach volleyball are invited to register for our summer training block. Trainings held on the courts where 15th Street meets PCH. In addition to the dates listed below, there will be a free evaluation day for all participants on Saturday, 7/15 from 9-11AM. Based on evaluation performance, participants will be placed in our beginning, intermediate, or advanced training groups. Sign up for 1 day for \$200, 2 days for \$360, 3 days for \$400. More info at www.goldencoastvolleyball.com

Beach Volle	yball CA Inc		15th Street & PCH
341331-2A	12-17 yrs M	4-6pm	7/17-8/28 \$200
341331-2B	12-17 yrs Tu	4-6pm	7/18-8/29 \$200
341331-2C	12-17 yrs W	4-6pm	7/19-8/30 \$200

# **BEGINNER YOUTH WRESTLING**

This ground-breaking & super-fun OCG youth program is a first of its kind in HB. Basic wrestling skills are taught in a dynamic environment utilizing positive reinforcement, instructional drills, and technique-oriented games. The focus is on skill-development & fun! For more info call 949-439-6156 or visit our website: oc-grappling.org. TUESDAY CLASS IS HELD OUTDOOR ON MATS. No Class Dates: Jul-4

OC Youth Sports Academy			<b>Murdy Community Center</b>		
341349-1A	5-15 yrs	Tu,Th	5:30-7pm	6/27-9/7	\$225
341349-1B	5-15 yrs	Tu,Th	5:30-7pm	6/27-8/22	\$150
341349-1C	5-15 yrs	Tu,Th	5:30-7pm	7/18-9/7	\$150
341349-1D	5-15 yrs	Tu,Th	5:30-7pm	6/27-7/25	\$100
341349-1E	5-15 yrs	Tu,Th	5:30-7pm	7/25-8/24	\$100
341349-1F	5-15 vrs	Tu.Th	5:30-7pm	8/29-9/7	\$60

#### BEGINNER WRESTLING FOR FAMILIES

Wrestling is an Olympic Sport that the WHOLE FAMILY can do together. The focus is on skill-development & fun! Youths are partnered with same age/size partners. Basic wrestling skills are taught in a dynamic environment utilizing positive reinforcement, instructional drills, and technique-oriented games. The focus is on skill-development & fun! Workout shirts are available for purchase. For more info: www.facebook.com/ orangecountygrappling/ or oc-grappling.org. TUESDAY NIGHT CLASSES ARE HELD OUTSIDE ON MATS! No Class Dates: Jul-4

OC Youth Sp	orts Acad	lemy	Murdy Community	Center
341353-1A	5 yrs +	Tu,Th5:30-7pm	6/27-9/7	\$200
341353-1B	5 yrs +	Tu,Th5:30-7pm	6/27-8/22	\$160
341353-1C	5 yrs +	Tu,Th5:30-7pm	7/18-9/7	\$160

# YOUTH BEGINNER SPEED, QUICKNESS & **AGILITY WITH OCYSA**

This amazing Program teaches youth to run faster, while having fun in a positive environment. Youth will enhance foot speed, form, body mechanics, increase sprint speed, core strength, reaction time, change of direction and quickness via ladder drills, skills games, and relay races. Coached by High School varsity track coaches with multi-sport backgrounds. For more information: oc-ysa.org/speed-agility. No Class Dates: Sep-4

**Lake Park Clubhouse** 

				1035 11th	Street
341339-1A	5-10 yrs	M,W,F	10:30am-12pm	6/26-9/8	\$225
341339-1B	11-15 yrs	M,W,F	10:30am-12pm	6/26-9/8	\$225
341339-1C	5-10 yrs	M,W,F	10:30am-12pm	6/26-7/21	\$100
341339-1D	11-15 yrs	M,W,F	10:30am-12pm	6/26-7/21	\$100
341339-1E	5-10 yrs	M,W,F	10:30am-12pm	7/24-8/18	\$100
341339-1F	11-15 yrs	M,W,F	10:30am-12pm	7/24-8/18	\$100
341339-1G	5-10 yrs	M,W,F	10:30am-12pm	8/21-9/8	\$80
341339-1H	11-15 yrs	M,W,F	10:30am-12pm	8/21-9/8	\$80

# YOUTH HIGH INTENSITY SPEED, QUICKNESS & AGILITY WITH OCYSA

This is a more advanced Speed, quickness & agility program. It is designed for athletes who want to excel in elite club and or high school varsity sports. Exposure to more advanced drills, mechanics and breathing techniques. Increased plyometric programming along with increased understanding of pregame active stretching and post-game static stretching process. Difficulty increase on footwork, as well as agility ladder combinations and acceleration, maintenance and deceleration mechanics. Coached by high school varsity track coaches with multi-sport backgrounds. For more info visit: oc-ysa.org/ speed-agility. No Class Dates: Jul-4, Sep-4

# **OC Youth Sports Academy**

#### **Lake Park Clubhouse** 1035 11th Street

341348-1A	11-15 yrs	M,W,F	9-10:30am	6/26-9/8	\$225
341348-1B	11-15 yrs	M,W,F	9-10:30am	6/26-7/21	\$100
341348-1C	11-15 yrs	M,W,F	9-10:30am	7/24-8/18	\$100
341348-1D	11-15 yrs	M,W,F	9-10:30am	8/21-9/8	\$80

# **SURF & SKATE**

#### OC ROLLER KIDS

Has your child expressed interest in playing hockey or roller derby? This class is designed for the aspiring skater. Drills range from beginner to advanced, based on the individual skater needs. Skaters to wear roller skates or inlines, protective gear-helmet, knee/elbow pads, and wrist guards.

Elena Parra **Edison Community Center** 341406-2A 6-13 yrs 10-11am 7/8-8/5 \$55



**OC Youth Sports Academy**